

about

Third Thursdays is a monthly dinner series bringing the nonprofit, for-profit, and government sectors together to talk about Asian American & Pacific Islander (AA&PI) community issues and service opportunities. Third Thursdays serves young Asian and Pacific Islanders interested in supporting community activities and organizations throughout the San Francisco Bay Area. Consisting of early-to-mid career professionals from the nonprofit, corporate, and government sectors, Third Thursdays provides a forum for networking, shared learning among peers, and community service opportunities.



get involved

The Third Thursdays organizers are always looking for more volunteers to help plan events, come up with new meeting ideas, and develop new projects.

In addition to developing the monthly dinner discussions, we are also planning several resources to help keep members informed about volunteer opportunities in the Asian and Pacific Islander community.

To get more information about helping out, send an email to the organizers at info@thirdthursdays.org

thanks

This Third Thursday was made possible through the generosity of JCCNC and the organizing efforts of Wendy Cheng and Ravi Chandra.



After the Chocolate High:

Keeping Your Relationship Post-Valentine's Day

thursday, february 17, 2004

japanese cultural & community center of northern
california ✦ 1840 sutter street ✦ san francisco

- 7:00 - 7:15pm ✦ registration
- 7:15 - 8:15pm ✦ panel discussion and q&a
- 8:15 - 9:15pm ✦ facilitated dinner/
discussion groups
- 9:15 - 9:30pm ✦ discussion questions
& shout-outs

topic

After the Chocolate High: Keeping Your Relationship Post- Valentine's Day

We will explore common relationship dynamics among Asian American couples and discuss helpful ways to resolve conflicts and maintain open communication. Our panelists include socially and culturally diverse Asian American couples who will share strengths and challenges about their relationships as well as tips on how they keep their relationships healthy and resolve inevitable conflicts.

moderators

Ravi Chandra, M.D.

Psychiatry Resident, UCSF

Wendy Cheng, Ph.D.

Clinical Psychology Fellow, UCSF

Ravi is a fourth year Resident in General Adult Psychiatry at UCSF and a graduate of Stanford Medical School. He will be practicing individual and couples therapy beginning sometime later this year. His interests include Asian American culture, particularly film; he has also published and performed poetry at Locus Arts, among other places.

Wendy is a clinical psychology fellow at UCSF. Her main clinical and research interests are related to Asian American mental health. She is a 1.5-generation Chinese American and speaks Mandarin fluently.

EFREN and HOWARD

Howard Kwong is a 1.5-generation Chinese immigrant and has lived in San Francisco most of his life. He has many interests and worked in many fields, but most of his adult life he has been working in the health field in one aspect or other. Getting married in the year 2004 to his partner, Efren, was something he had never imagined he would be able to do. He currently lives in Daly City with his (husband) Efren along with his sister and nephew. Howard keeps a blog at <http://aiyahh.blogspot.com> and can often be seen taking pictures for absolutely no purpose or playing Dungeons and Dragons with friends.

Efren Bose is a doctoral student in UCSF's medical sociology program, studying the social impact of HIV/AIDS on API populations, particularly same-sex-identified men. He is also the interim executive director for the Filipino Task Force on AIDS, the only organization in the United States that provides linguistically and culturally appropriate materials and programs for Filipinos affected and concerned with this disease. Efren has spoken, studied, and been a community activist for the queer API community and for HIV/AIDS advocacy for over 10 years. In his spare time, he is an avid swimmer and archer, and also plays a mean game of Dance Dance Revolution.

ANITA and SID

Anita Poon serves as Student Affairs Officer for Asian American Studies at UC Davis, where she mentors Asian American student leaders and counsels students through academic and personal challenges. She also serves on the board of directors for the National APA Women's Forum and on the board of advisors to the East Coast Asian American Student Union (ECAASU). In her free time, Anita experiments in the online personal ad world. A couple years ago she posed as 7 different Asian American women to see what types of responses each type of woman would receive. Her latest experiment in dating has been going strong for a year now. She met Sid at a Hyphen fundraiser last Valentine's Day in SF. They are now happily co-habiting together in the East Bay.

Sid So is a techno yuppie working for an internet marketing firm in Silicon Valley. When not waiting around for his Pre-IPO stock options to be worth something some day, he spends his time teaching tae kwon do inside a parking garage and promotes the need for more speed dating amongst Asian Americans. He currently resides in the East Bay with his fantabulous girlfriend, Anita Poon.

speakers

HEEJUNG and RYAN

Heejung Yoon is a student at the Academy of Art University doing a thesis about Korean American interpersonal relationships. She came to the US 6 years ago to study graphic design. 4 Years ago she met her husband while working for Interbrand as an Design Intern.

Ryan Carrick is an Technology Information Manager at Interbrand, where he met his wife Heejung. He moved to California 10 years ago when he was 16, from Montana. He is now 26 years old. Never in his life did he really think he was going to end up in an interracial relationship.